



North Los Angeles County Regional Center

Main 818-778-1900 • Fax 818-756-6140 | 9200 Oakdale Avenue #100, Chatsworth, CA 91311 | www.nlacrc.org

MEMORANDUM

Date: September 3, 2026

To: **Consumer Advisory Committee:** Juan Hernandez (Chair), Bill Abrahamson, Pam Aiona, George Alvrado, Jennifer Koster, Elena Tiffany, Destry Walker

From: Lindsay Granger, Executive Administrative Assistant

Subject: The next Consumer Advisory Committee meeting on **Thursday, September 3, 2026 at 5:00 p.m.**

Hello everyone!

Attached is information for the next committee meeting. Please review this information prior to the meeting and bring it with you to the meeting.

The meeting will be held remotely via Zoom. We will send you the Zoom access information via email.

Please **click the link** below to join the Zoom meeting automatically as an attendee.

Join Zoom Meeting

<https://us06web.zoom.us/j/86551114235>

Meeting ID: 865 5111 4235

If you have any questions, or if you are unable to attend the meeting, please send us an email to boardsupport@nlacrc.org. Thank you!

Attachments:
Meeting Packet

Consumer Advisory Committee Meeting

September 3, 2026

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CONSUMER ADVISORY COMMITTEE

Thursday, September 3, 2026 – *Via Zoom*

5:00 p.m.

~ AGENDA ~

1. **Call to Order & Introductions**
2. **Agenda – Approval of Agenda**
3. **Public Input**
4. **Consent Items**
 - A. Approval of the Minutes of the August 6, 2026, Meeting
5. **National Voter Registration Act – OCRA (20 min.)**
6. **Action Items**
 - A. Elect Chair and Alternate CAC Chair for Fiscal Year 2026-2027 – Jose Rodriguez (5 min.)
7. **Committee Business**
 - A. NINJIO Cybersecurity Presentation Video – Juan Hernandez (7 min.)
 - B. Upcoming Events and Flyers – Santos Rodriguez and Jose Rodriguez
8. **Action Items and Meeting Minutes**
9. **Announcements/Information/Public Input**
 - A. Next Meeting, Thursday, November 5, 2026, at 5:00 p.m.
 - B. Committee Attendance
10. **Adjournment**

North Los Angeles County Regional Center
Consumer Advisory Committee Meeting Minutes (Via Zoom)
August 6, 2026

Present: Juan Hernandez, Destry Walker, Elena Tiffany, Pam Aiona, Jennifer Koster – **Committee Members**

Sofia Cervantes - SCDD - **Guests**

Santos Rodriguez, Jose Rodriguez, Angela Pao-Johnson, Lindsay Granger – **Staff**

Absent: George Alvarado, Bill Abrahamson

1. Call to Order & Introductions

Committee Chair and Board of Trustees Vice President, Juan Hernandez called the meeting to order at 5:06 pm.

Juan Hernandez read the NLACRC Civility Code and welcomed everyone to the meeting.

2. Agenda

M/S/C (Destry Walker/Juan Hernandez) On a motion made by Destry Walker, seconded by Juan Hernandez, it was resolved to approve the agenda. Motion carried.

3. Public Input

There was no public input.

4. Consent Items

A. Approval of Minutes from June 4, 2026 Meeting

M/S/C (Jennifer Koster/Juan Hernandez) On a motion made by Jennifer Koster, seconded by Juan Hernandez, it was resolved to approve the meeting minutes from the June 4, 2026 meeting. Motion carried.

5. Giving Public Testimony – SCDD

Sofia Cervantes, Advocate with the State Council on Developmental Disabilities (SCDD), provided a presentation on how to give effective public testimony. Sofia Cervantes reviewed SCDD's role in providing technical assistance, training and capacity building, and advocating for systemic changes that benefit individuals with intellectual and developmental disabilities.

Sofia Cervantes explained that effective public testimony should focus on a systemic issue affecting multiple people and be directed to the appropriate decision-making body. Sofia Cervantes presented a three-part approach: identify the problem, explain how the issue impacts individuals or the community, and propose a solution. Sofia Cervantes also encouraged participants to offer to collaborate in developing solutions rather than only presenting concerns.

Sofia Cervantes advised participants to focus on one or two priority issues, understand the topic and proposed solution, and use personal examples and supporting data when available. Public testimony should educate the audience, avoid assuming familiarity with disability-related terminology or acronyms, and remain clear, concise, respectful, accurate, and engaging. Sofia Cervantes noted that public comment is typically limited to one to three minutes and recommended providing written testimony when additional information is needed. Sofia Cervantes also emphasized the importance of persistence and continued follow-up, as systemic change may take time.

Sofia Cervantes encouraged members to practice preparing testimony and emphasized the importance of individuals receiving services sharing their experiences directly with decision-makers. Sofia Cervantes agreed to provide Lindsay Granger with the presentation materials and contact information for distribution to members. Angela Pao-Johnson reinforced the importance of community participation, noting that legislators have expressed a desire to hear directly from individuals in the community.

6. Action Items

A. Approval of Updated Presentation Calendar

Lindsay Granger reviewed the proposed updates to the presentation calendar. The September training was updated to include a Voter Registration training presented by OCRA, resulting in the previously scheduled presentations being moved to later months. The November presentation will focus on Online Safety, with the timing intended to provide information about online shopping and scams during the holiday season. A subsequent SCDD presentation will focus on Building Healthy Relationships for People with Disabilities and Their Support Staff. Lindsay Granger clarified that the updated calendar presented would serve as the committee's presentation schedule through January 2027.

M/S/C (Jennifer Koster/Juan Hernandez) On a motion made by Jennifer Koster, seconded by Juan Hernandez, it was resolved to approve the updated presentation calendar. Motion carried.

B. Review and Approve Updated Guidelines and Procedures

Lindsay Granger reviewed the proposed updates to the committee's Guidelines and Procedures. Lindsay Granger explained that references to other Board committees that did not accurately reflect the committee's structure and processes were revised to reflect the CAC and its current functions. Additional revisions included updates to the meeting frequency to reflect the new dark months. Lindsay Granger also prepared a plain-language version for reference and clarified that the Guidelines and Procedures would remain the official governing document.

M/S/C (Destry Walker/Jennifer Koster) On a motion made by Destry Walker, seconded by Jennifer Koster, it was resolved to approve the updated Guidelines and Procedures for the Consumer Advisory Committee. Motion carried.

6. Committee Business

A. Orientation

1. Bylaws

2. Review CAC Priorities
3. Review CAC Meeting Schedule

Juan Hernandez reviewed committee orientation information, including the committee's structure and various aspects of committee participation. No questions or concerns were raised.

Juan Hernandez reviewed the proposed 2026–2027 CAC priorities, which included supporting meaningful employment opportunities, advocating for transportation needs, sharing information on current issues affecting individuals served such as employment, transportation, legislation, and housing, and educating other individuals served about CAC involvement and membership.

During discussion, Jose Rodriguez offered to obtain Metro and Access meeting schedules to support transportation advocacy. Jose Rodriguez also suggested inviting NLACRC's housing specialist to a future CAC meeting and continuing visits to day programs, including virtual visits when in-person participation is not possible.

M/S/C (Jennifer Koster/Destry Walker) On a motion made by Jennifer Koster, seconded by Destry Walker, it was resolved to approve the 2026-2027 committee priorities. Motion carried.

Following the vote, Angela Pao-Johnson advised that the CAC bylaws will need to be updated in the coming months. Angela Pao-Johnson explained that recruitment and interviewing of prospective CAC members should reside with the CAC rather than the Nominating Committee, with the Nominating Committee retaining formal approval responsibilities. Angela Pao-Johnson also discussed recently approved trailer bill language requiring two CAC members to be appointed to the Board and one CAC member to serve on the Board's Nominating Committee.

Committee members discussed the proposed changes and the importance of maintaining an accessible process for CAC membership. Jose Rodriguez expressed concern that a formal interview process could discourage individuals from participating. Lindsay Granger clarified that the current bylaws allow individuals to become CAC members after attending the required number of consecutive meetings. Angela Pao-Johnson indicated that this provision did not need to change and reiterated that the CAC should have responsibility for recruiting its members.

The committee then reviewed the meeting schedule. Juan Hernandez recommended maintaining the existing schedule, and members indicated agreement.

M/S/C (Jennifer Koster/Destry Walker) On a motion made by Jennifer Koster, seconded by Destry Walker, it was resolved to approve the 2026-2027 meeting schedule. Motion carried.

B. Discuss Committee Chair and Vice Chair for Fiscal Year 2026-2027

Juan Hernandez opened discussion regarding the election of the CAC Chair and Vice Chair for the upcoming fiscal year and invited members to express interest in either position.

Jennifer Koster expressed interest in serving as Chair or Vice Chair, and Elena Tiffany expressed interest in serving as Chair.

Lindsay Granger explained that the election was scheduled for September to allow additional time for members to express interest. Jose Rodriguez recommended notifying members who were not present at the meeting to ensure all CAC members have an opportunity to submit their interest. The committee agreed to distribute the information to absent members and conduct the election at the next meeting.

C. Discuss Location and Time for CAC Holiday Potluck

The committee discussed the location and format for the upcoming holiday gathering, including the possibility of combining the CAC and Board holiday events. Juan Hernandez supported a combined event as an opportunity for CAC members to engage with Board members and build relationships. Lindsay Granger advised that the next step would be to discuss the possibility of a combined event with Board President Sharmila Brunjes.

Angela Pao-Johnson referenced a recent dinner that brought together CAC, VAC, and Board members and asked whether members would be interested in a similar format. Juan Hernandez expressed support, noting that the combined gathering provided opportunities to interact with individuals members may not otherwise have an opportunity to meet. The committee agreed to explore a combined holiday gathering, with additional details to be provided at a future meeting.

Jennifer Koster suggested considering the same location used for the previous combined gathering. Juan Hernandez indicated that the location could be discussed by the event planning workgroup. Lindsay Granger clarified that the next workgroup meeting date had not yet been established and agreed to email members regarding scheduling the next meeting. The committee agreed to continue exploring the combined holiday gathering, with additional details to be determined through the event planning workgroup.

D. NINJIO Cybersecurity Presentation Video

Lindsay Granger presented a cybersecurity training video on Trusted Relationship Phishing (TRP). The training explained that trusted relationship phishing occurs when attackers first compromise the legitimate email account of a trusted vendor, coworker, or other familiar contact and then use that account to send malicious requests. Because the communication comes from an authentic email account, recipients may be more likely to trust the request and take action without recognizing that the sender's account has been compromised.

The video illustrated the potential consequences of a trusted relationship phishing attack through a healthcare scenario involving a hospital. In the example, an urgent ventilator firmware update appeared to come from a known vendor. The update was installed because the request appeared legitimate, allowing attackers to gain access to the hospital's network, reach the ventilator management system, and deploy ransomware. The resulting cyberattack disrupted ventilator operations and required hospital staff to manually assist patients while the cybersecurity team worked to restore the system.

The training emphasized that attackers can take advantage of trust, urgency, and a recipient's willingness to follow instructions. Members were advised not to assume that a

message is safe simply because it comes from a familiar or legitimate email address. Urgent or unusual requests should be independently verified through a second communication channel, such as contacting the individual or organization using a known telephone number rather than relying on information contained in the questionable message. Members were also advised to exercise caution with links and attachments, even when the sender appears familiar.

Another key takeaway was the importance of promptly reporting suspicious communications. The training advised members to report questionable messages immediately, even when uncertain whether the communication is an actual phishing attempt. The video emphasized that quick reporting can help limit the scope and impact of a cyberattack and reinforced that cybersecurity incidents can have consequences beyond compromised information, particularly when technology is connected to critical services.

Following the video, Lindsay Granger facilitated a knowledge check with members. Questions addressed whether attackers can use compromised accounts belonging to trusted vendors or coworkers, whether urgent messages from trusted senders should still be independently verified, whether links and attachments from familiar contacts should be treated cautiously, and whether suspicious messages should be reported promptly rather than waiting for confirmation. Members correctly identified the recommended cybersecurity practices and received a score of 100%.

Jennifer Koster shared an example from workplace cybersecurity practices at a hospital. Jennifer Koster explained that employees are instructed to monitor work emails carefully and send suspicious communications to the hospital's cybersecurity team for immediate review. Jennifer Koster noted that the same practice is relevant to companies, organizations, vendors, and other workplaces and reinforced the importance of reporting suspicious communications as soon as possible.

E. Upcoming Events and Flyers

Santos Rodriguez and Jose Rodriguez reviewed upcoming community events and resources included in the meeting packet. Santos Rodriguez shared information regarding a Summer Movie Night hosted by Councilwoman Monica Rodriguez at the Hansen Dam Aquatic Center, with a screening of *Lilo & Stitch* scheduled for August 7. Santos Rodriguez also highlighted a free CPR and First Aid course offered by the Encino Neighborhood Council on August 8 and a Back-to-School Block Party in Pacoima on August 15 that would provide community resources, school supplies, and access to nonprofit organizations.

Jose Rodriguez provided information regarding a Passport Fair scheduled for August 15 at the YMCA in Van Nuys. Jose Rodriguez explained that attendees must RSVP and would receive information regarding required documentation. Jose Rodriguez later reviewed additional information regarding passport fees and the differences between passport books and passport cards, noting that representatives from the Department of State were expected to be available to assist attendees with the application process.

Santos Rodriguez announced an upcoming PRIDES Initiative training hosted by IRI, an NLACRC vendor and Service Access and Equity grantee. The August 19 in-person training in Van Nuys will focus on best practices at the intersection of disability and LGBTQ+ identity and is open to NLACRC individuals served, community members, families, and

service providers. Santos Rodriguez noted that the training is the first in a planned series focused on providing effective support to LGBTQ+ individuals served.

Santos Rodriguez also shared information regarding Homeless Connect Day in Santa Clarita on August 20. The event will provide community members with access to housing resources, legal and medical supports, haircuts, food, clothing, hygiene products, and other resources. Jose Rodriguez highlighted a Firefighter Heroes Breakfast scheduled for August 22 at Van Nuys Fire Station 39.

Santos Rodriguez reviewed upcoming mental health events, including the 11th Annual Suicide Awareness and Prevention Conference on September 12 at USC Verdugo Hills Hospital, which will offer both in-person and virtual participation, speakers, a resource fair, and community resources. Santos Rodriguez also highlighted Stop the Stigma 2026, scheduled for September 19 at Henry Mayo Newhall Hospital in Valencia. The event will promote mental health awareness and provide community resources, activities, and information. NLACRC will participate with a resource table at the event.

Jennifer Koster asked that the event flyers be distributed to members. Jose Rodriguez confirmed that the flyers had previously been emailed to members and noted that additional community events and resources were also available beyond those presented during the meeting.

7. Review Actions

8. Announcements/Information/Public Input

Juan Hernandez opened the floor for public input and member announcements. No formal public comments were provided.

No further public comments were raised.

8. Adjournment

Juan Hernandez adjourned the meeting at 6:08 pm

Submitted by:
Lindsay Granger
Executive Administrative Assistant

North Los Angeles County Regional Center
Consumer Advisory Committee

Open Topics of Conversation & Presentation
Calendar

FY 2026-27

Date (Time)	Training/Presentation Topic
April 2, 2026	Emergency Preparedness
May 7, 2026	Open Topic of Conversation & Presentation: Online Safety Presentation – Vipin Gautam
June 4, 2026	May Revise – Belinda Abatesi
August 6, 2026	<u>CAC Orientation</u> SCDD Presentation: Giving Public Testimony
September 3, 2026	Voter Registration - OCRA
November 5, 2026	Open Topic of Conversation & Presentation
January 2027	SCDD Presentation: Building Healthy Relationships for People with Disabilities and Their Support Staff
February 2027	TBD
March 2027	TBD
April 2027	TBD
May 2027	
June 2027	

Note: Presentations should be no longer than 20 minutes.



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Consumer Advisory Committee

Meeting Schedule

FY 2026-27

*Meetings are held on the first Thursday of the month
from 5:00pm-6:30pm*

Until further notice, all meetings will be held virtually through Zoom.

Thursday, July 2, 2026 Informal Meeting

Thursday, August 6, 2026

Thursday, September 3, 2026

~ No meetings in October ~

Thursday, November 5, 2026

Thursday, December 3, 2026, Informal Meeting

Thursday, January 7, 2027

Thursday, February 4, 2027

Thursday, March 4, 2027

Thursday, April 1, 2027

Thursday, May 6, 2027

Thursday, June 3, 2027



Supporting people with developmental disabilities in the San Fernando, Santa Clarita, and Antelope Valleys since 1974.



North Los Angeles County Regional Center

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Zoom Webinar Information

Meeting Webinar Invitation:

You are invited to a Zoom webinar!

Topic: Consumer Advisory Committee Meeting

To Join as an attendee:

<https://us06web.zoom.us/j/86551114235>

Phone one-tap:

+16694449171,,86551114235# US

+16699006833,,86551114235# US (San Jose)

Join via audio:

+1 669 444 9171 US

+1 669 900 6833 US (San Jose)

+1 408 638 0968 US (San Jose)

Webinar ID: 865 5111 4235

International numbers available: <https://us06web.zoom.us/j/86551114235>

Consumer Advisory Committee Attendance

North Los Angeles County Regional Center Consumer Advisory Committee FY 26-27 Meeting Attendance														
<u>Consumer Attendee</u> <i>*Committee Members</i>	July 2026 DARK	August 2026	Sep 2026	Oct 2026 DARK	Nov 2026	Dec 2026 DARK	Jan 2027	Feb 2027	Mar 2027	Apr 2027	May 2027	Jun 2027	TOTALS Absences	TOTALS Attended (Non-CM)
Meeting Length														
*Juan Hernandez, Chair		P											0	
*Bill Abramson		Ab											1	
*Pam Aiona		P											0	
*Jennifer Koster		P											0	
*Destry Walker		P											0	
*George Alvarado		Ab											1	
*Elena Tiffany		P											0	

1

Membership: Consumers who attend 5 meetings in a 12-month period can become a CAC Member.

LOOKING FOR A NEW
CAREER OPPORTUNITY?

END OF SUMMER CAREER FAIR

JOB OPPORTUNITIES

SEPTEMBER 10TH
9 AM - 12 PM



**“Meet Employers,
Apply for Jobs”**

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- AUTHORIZATION TO WORK IN THE USA (ID OR DL, AND SS CARD)
- DRESS PROFESSIONALLY AND BE PREPARED TO INTERVIEW



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- Full & Part-time positions
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- Meet with employers who are ready to hire
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**NORTH EAST SAN FERNANDO VALLEY
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LA Mission College

13356 Eldridge Ave, Sylmar, CA 91342

Campus Center (Lower Level)



This WIOA Title I financially assisted program or activity is an equal opportunity employer/ program. Sign Language interpreters, assistive listening devices, or other auxiliary aids and or services may be provided upon request. To insure availability, your request should be received at least 72 hours in advance of the need. Please contact us at (818) 482-1754



3rd Annual

North Los Angeles County Regional Center

is proud to host our Disco Themed

Fall 2026 Family Expo



Saturday, September 12, 2026

Expo 9AM - 12PM

Dance 1PM - 4PM

The Centre in Santa Clarita

20880 Centre Pointe Pkwy, Saugus, CA 91350

Join the Fun!

An event just for NLACRC individuals served and their families.
Connect with vendors, discover resources, explore service options,
and meet others in the NLACRC community.



Scan the QR Code to apply or register online
forms.office.com/r/70pgSE6cm8?origin=lpLink

For questions or additional details please
email: rortega@nlacrc.org
or call 818-778-4407



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www.nlacrc.org/social-media

3.^a edición
anual



Centro Regional del Norte del Condado de Los Ángeles
Nos enorgullece ser anfitriones de nuestra fiesta con temá Disco.

Exposición Familiar Otoño 2026



Sábado, 12 de septiembre de 2026

Exposición de 9 AM a 12 PM

Baile de 1 PM a 4 PM

The Centre in Santa Clarita
20880 Centre Pointe Pkwy, Saugus, CA 91350

¡Únete a la diversión!

Un evento exclusivo para las personas que reciben servicios del NLACRC y sus familias, con el fin de que se conecten con los proveedores de NLACRC, descubran recursos, exploren opciones de servicio y conozcan a otros miembros de la comunidad de NLACRC.



Escanea el código QR para solicitar o registrarte en línea.
forms.office.com/r/70pgSE6cm8?origin=lpLink

Para preguntas o detalles adicionales, envía un correo electrónico a rortega@nlacrc.org o llama al 818-778-4407.



Síguenos en las redes sociales
www.nlacrc.org/social-media



STOP THE STIGMA 2026

Mental Health Hook-Up hosts this annual community event to raise awareness about accessible and low-cost mental health services in the Santa Clarita Valley and to help promote the acceptance of mental illness.



September 19th, 2026
10:00 AM - 02:00 PM

Henry Mayo Newhall Hospital Campus
23803 McBean Parkway,
Valencia, CA 91355



SERVICES WE PROVIDE THROUGHOUT THE YEAR

- Consultations and Assessments
- Intensive Coordinated Care Management
- Ongoing Support Services
- Placement
- SSI/SSDI Claim Representation
- Psychiatric Consultations and Assessments
- Medication Management Services
- Individual Therapy Sessions
- Family Therapy Sessions
- Neurofeedback Treatment

EVENT HIGHLIGHTS

Expert Panel & Speakers

Learn from mental health professionals and lived-experience advocates.

Resource Fair

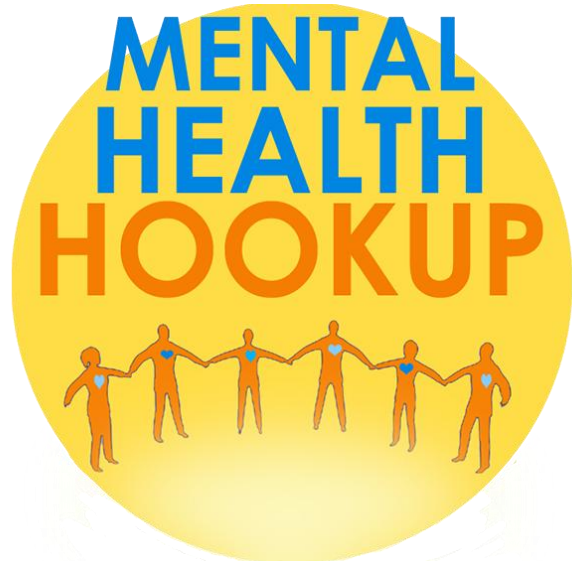
Connect with local organizations offering support and services.

Food & Fun

Enjoy delicious snacks, live music, and a supportive atmosphere.

Gift Basket Raffle

Collect tickets by interacting with local vendors and win a gift basket!



CONNECT WITH US ONLINE



MHHU.ORG



STOPTHESTIGMASCV.ORG



MENTAL HEALTH HOOKUP



@MENTALHEALTHHOOKUP



CFRC Fall Festival

Sept. 12

12-3PM

CFRC Antelope Valley

43520 Division St.,
Lancaster CA 93535

Fall is here and we want to celebrate with you! Get into the spirit and join us for a fun filled with food, activities, music, and raffles. This festival is open to the public and on a first come, first serve basis.

FOR MORE INFORMATION, CONTACT:

Mayva Sacba

MASacba@pennylane.org



**PENNY LANE
CENTERS**

Community and
Family Resource Center



Fair Housing Workshop

- Fair Housing Protections

Learn about your rights as a renter and the protections against discrimination.

- Rent Increase Limits

Understand current rent increase regulations and recent policy changes.

- Eviction Resources

Get informed about eviction processes, tenant rights, timelines, and community support.

Tuesday September 15th, 2026
at 1:00pm

14500 Roscoe Blvd. #205
Panorama City, CA 91402

Call or email us to register:
(818) 441-7127
FSC@ecda.org

In collaboration with:



To register in the program fill out our interest form and a staff member will be in contact.





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- Protecciones de Vivienda Justa

Conozca sus derechos como inquilino y las protecciones contra la discriminación al rentar.

- Límites de Aumentos de Renta

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- Recursos para Evicciones

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En colaboración con:



HOUSING RIGHTS CENTER

WORKING FOR JUSTICE AND EQUALITY IN HOUSING

Martes 15 de septiembre a las

1:00pm

14500 Roscoe Blvd. #205

Panorama City, CA 91402

Llámenos o envíenos un correo electrónico para inscribirse:

(818) 441-7127

FSC@ecda.org



Complete nuestro formulario de interés para el programa y un miembro del equipo se pondrá en contacto con usted.





VALLEY PRESBYTERIAN
HOSPITAL



Health & Wellness Community Fair

Saturday, October 3, 2026
10 AM - 1 PM

Valley Presbyterian Hospital
15107 Vanowen Street, Van Nuys, CA 91405

Featuring FREE:

- Flu Shots (some restrictions may apply)
- Blood Pressure Screening
- Glucose Screening
- Dental Screening (limited availability)
- Vision Screening (limited availability)
- Community Information Booths
- Entertainment
- To-Go Meal
- Kids Corner



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VALLEY PRESBYTERIAN
HOSPITAL



Feria de Salud y Bienestar Comunitaria

Sábado 3 de octubre de 2026
10 AM - 1 PM

Valley Presbyterian Hospital
15107 Vanowen Street, Van Nuys, CA 91405

Ofrecemos GRATIS:

- Vacunas contra la gripe (con restricciones)
- Chequeo de la presión arterial
- Prueba de glucosa
- Examen dental (disponibilidad limitada)
- Examen de la vista (disponibilidad limitada)
- Puestos con información comunitaria
- Entretenimiento
- Almuerzo para llevar
- Sección para niños



Inscríbese Hoy
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valleypres.org/fair