

General Self-Directed Supports Through Participant-Directed Services Guide

One way individuals and families can get help enrolling in the Self-Determination Program (SDP) is by using General Self-Directed Supports (General SD Supports) through Participant-Directed Services. The regional center will pay for the cost of these services. This is not a regional center vendored service. The individual and family must use a Financial Management Services (FMS) agency to access this service. The services that can be provided under General SD Supports are outlined in the service code description included in Enclosure A.

Individuals who want help enrolling in the SDP from a General SD Supports provider through Participant-Directed Services, should follow these steps:

1. The individual identifies the kinds of support they want. They also choose who they want to provide the service(s). They can choose anyone who is qualified. The qualifications are:
 - Knowledge of people with developmental disabilities, through lived experience, and/or one year of formal paid experience;
 - Completion of a training course about the Self-Determination Program; and
 - Knowledge of the Lanterman Developmental Disabilities Services Act, including SDP requirements.
2. The individual or family must use a Financial Management Service (FMS) provider. The FMS will pay the provider. They can choose the FMS provider they want to use. The regional center will help identify FMS providers that offer Participant-Directed Services.
3. The provider must submit written information to the regional center about types of transition services they intend to provide and the estimated number of hours. They must also submit the required provider paperwork to the FMS.
4. The FMS will:
 - Confirm the provider is qualified;
 - Get required forms from the provider;
 - Work with the regional center for the payment authorization; and
 - Pay the provider.

The provider can provide services as soon as purchase of service authorization from the regional center is available to the FMS.