

North Los Angeles County Regional Center
Executive Committee Meeting Minutes

April 25, 2024

Present: Ana Quiles, Brian Gatus, Rocio Sigala, Leticia Garcia, Andrew Ramirez, Lillian Martinez -
Committee Members

Arezo Abedi, Kimberly Visokey, Cristina Preuss, Gabriela Eshrati, Evelyn McOmie, Vini
Montague – Staff Members

David Lester- NLA Counsel, Jasmine Barrios – Minutes Services- Guests

Absent:

I. Call to Order

Ana Quiles called the meeting to order at 6:30 pm.

II. Committee Member Attendance/Quorum

III. Public Input – Agenda Items

None

IV. Consent Items

A. Approval of Agenda

M/S/C (R. Sigala/ L. Garcia) To approve the agenda as presented.

B. Approval of Minutes of March Meeting Minutes

M/S/C (B. Gatus/L. Garcia) To approve the Minutes as presented.

V. Closed Session

A. Board Governance

B. Personnel

M/S/C (L. Martinez/R. Sigala) To enter the Closed Session at 6:34 pm

M/S/C (L. Garcia/L. Martinez) To exit the Closed Session at 7:00 pm

VI. Committee Business

A. Board of Trustees Bylaw Review Pages 1-12 – Ana Quiles

The revised bylaws were presented in the packet.

M/S/C (L. Martinez/R. Sigala) To approve the Bylaw Review as presented in the packet.

B. Quotes for Coaching and Support Consultant – Megan Mitchell

Megan shared that 4 vendors have been contacted regarding Board Governance and Legislative coaching. She expects to have proposals to present to the Committee at the next Committee meeting.

It was noted that there are companies that provide multiple methods of coaching to be able to utilize one company for multiple scopes of services available. The Committee made the request to include a presentation of proposals to include Board Governance Coaching, Leadership Coaching as well as Legislative consulting.

C. Update Critical Calendar - Cristina Preuss

It was determined to continue meeting on a monthly basis and the Committee considered the day of the week on which the meeting will be held. After discussion, it was decided that Committee meetings would continue on Thursdays unless revised by the incoming slate of Committee members.

M/S/C (L. Martinez/R. Sigala) To approve the continuation of Executive Committee Meetings on Thursdays.

Board Support will add this item to the Executive Committee meeting for final approval on behalf of the Board.

D. Civility Code – David Lester

David shared the code to be read at the beginning of each meeting as a reminder of how interactions should be conducted. This code was reviewed as presented in the packet. It is the responsibility of the Committee Chairs to ensure that the code is read but does not necessarily have to read the code themselves.

M/S/C (L. Garcia /L. Martinez) To approve the Civility Code as presented.

Board Support will communicate this with the entire Board and will add the code to the pre-meeting slide that is shown at the beginning of every meeting. In addition, the Civility Code will be added to the Board Manual.

VII. Center Operations

Cristina shared the information as presented in the packet.

Department of Developmental Services:

Provisional eligibility has been expanded beyond children 3 and 4 years of age also to include children under age 3. A

Child under the age of five may be found provisionally eligible for regional center services if the child has a disability

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that is not solely physical and has significant functional limitations in at least two of the following areas of

major life activity, as determined by a regional center:

1. Self-care
2. Receptive and expressive language
3. Learning
4. Mobility
5. Self-direction

Association of Regional Center Agencies (ARCA):

The association continues to collaborate with other Lanterman Coalition members to develop a strategy and messaging in opposition to the proposed delay of rate increases that would result in a loss of \$1 billion to the service system. Master Plan strategic committee started stakeholder meetings and the plan is centered on system change and evolution.

Staffing

Current Status and Recruitment:

Staffing Data– Current Status (as of 4/18/2024):

Total # of positions filled: 680

Total # of positions authorized: 933

In collaboration with the People Scout recruitment company, a virtual hiring fair was scheduled for April 3rd, 4th and 5th. Another event to take place in May.

NLA Expo

NLA has received a grant to host in person Expos; two events in FY 2023-2024 and two events in FY 2024-2025. These events will be free to the consumers, families, participating vendors, and community members.

These Expos will be an all-encompassing event that will focus on services throughout the lifespan of the consumers served by NLA. Every age group will have vendors that specialize in target areas of service.

This year's target areas of service are as follows:

- Early Start – Social & Emotional Development
- School Age – Social Skills and Recreation
- Transition – Employment and Programs
- Adult – Housing and Aging Adult
- Self Determination Program – SDP
- Generic Resources
- Home and Community-Based Services (HCBS)

Dates:

- Saturday, May 11th, from 11 am to 4 pm in the Antelope Valley. Embassy Suites Hotel; located at 39375 5th Street West, Palmdale, CA 93551.
- Friday, May 17th, from 1 pm to 7 pm in the San Fernando Valley. Airtel Plaza Hotel, located at 7277 Valjean Ave, Van Nuys, CA 91406

The Committee requested that the NLA Expo Flyer be revised to include an agenda with start times listed for various panels of interest.

VIII. Review of Meeting Action Items

- A. Compile proposals from companies related to Board Governance Coaching, Leadership Coaching and Legislative Consulting to be presented at the next Committee meeting (Megan Mitchell)
- B. To update the Critical Calendar to note meetings on Thursdays. (Board Support)
- C. To communicate the Civility Code to all Board Members, to add the code to the pre-meeting slide and to include it in the Board Manual. (Board Support)
- D. To update the NLA Expo flyer with agenda and panel times (Cristina Preuss/Board Support)
- E. To add the Bylaw Review to the next Board Meeting agenda. (Board Support)

IX. Board Meeting Agenda Items

The following items were identified for the committee's section of the next Board Meeting agenda:

- A. Minutes of the March 28th Meeting
- B. Minutes of the April 25th Meeting
- C. Bylaw Review (pages 1-12)

X. Announcements / Information Items / Public Input

- A. Next meeting is Thursday, May 30, 2024, at 6:00 PM
- B. Committee Attendance

Xi. Adjournment

Ana Quiles, Committee Chair, adjourned the meeting at 7:39 pm.

Submitted by:
Arezo Abedi

