



North Los Angeles County Regional Center

Main 818-778-1900 • Fax 818-756-6140 | 9200 Oakdale Avenue #100, Chatsworth, CA 91311 | www.nlacrc.org

June 25, 2020

Free Medicare and Medi-Cal Counseling for All LA County Residents

The Center for Health Care Rights' (CHCR) HICAP Program provides free Medicare and Medi-Cal education and counseling services (information regarding accessing services through MediCal and MediCare) to all Los Angeles County residents.

The CHCR counselors can provide accurate, easy-to-understand information on many questions, such as how to:

- Coordinate Medicare and Medi-Cal with a parent's employer-based insurance;
- Report other health insurance coverage to Medi-Cal;
- Get a prescription drug covered when it is not covered by a Medicare drug plan;
- Improve access to Medi-Cal transportation services.

How can you access CHCR's HICAP counseling services?

- Call CHCR at **1-800-824-0780** for help with any Medicare and Medi-Cal questions. Family members and caregivers of individuals with developmental disabilities may call CHCR's telephone hotline for assistance on behalf of the individual. Telephone translation services are available in any language that is needed;
- Use the CHCR Client Referral Form [here](#) to refer community members;
- Office hours are Monday through Friday, 9:00 AM to 5:30 PM.