



North Los Angeles County Regional Center

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April 24, 2020

Dear Consumers, Families, Service Providers, and Staff,

We have finished our sixth week of a new normal, which includes remote work, distance learning, and more socializing and connecting through technology than we ever imagined possible.

I don't think I'm going out on a limb when saying this pandemic has caused uncertainty, and that said, we must not let uncertainty distract us from our goals. I'm fairly confident that if I were to ask about goals, I would hear things like good health and well-being, continued learning, and continued connection with one another. I'd also hear about "going back to things the way they were," and while that has been our history, it will not be our immediate future.

Our future will require us to continue those practices that keep us safe as we begin to participate in our communities again, and as our local economies resume. This brings me to the notion of "community," a group that supports one another because it is in everyone's best interest for each individual person or entity to be well. When each is well, healthy, and safe - we are all well, healthy, and safe. And toward that end, remember, we are part of a community that includes a variety of resources for those in need, from food and clothing to services and supports. Please reach out to your Consumer Services Coordinator if you are in need, we are here to help!

Lastly, we are in this together, and together, we can participate in the design of our new normal! Better days are coming, and with change comes opportunity.

Be creative, be safe, and be well,

Ruth