



North Los Angeles County Regional Center

Main 818-778-1900 • Fax 818-756-6140 | 9200 Oakdale Avenue #100, Chatsworth, CA 91311 | www.nlacrc.org

April 9, 2020

Dear Consumers, Families, Respite Service Providers, and Staff,

Please be informed that additional flexibility has been authorized by the Department of Developmental Services (DDS) to increase the available workforce providing respite services in response to COVID-19.

The regulations that require in-home respite workers to have first aid and cardiopulmonary resuscitation (CPR) training prior to employment is temporarily waived. Respite workers who have not completed first aid and CPR training may only serve individuals who do not have chronic or presenting health concerns.

Chronic or presenting health concerns include medical conditions that require frequent monitoring by a physician and/ or specialized equipment such as a feeding tube or supplemental oxygen. Conditions such as asthma, seizures, diabetes, dysphagia (difficulty swallowing), lung disease or heart disease are also examples of chronic or presenting health concerns as well as acute illness such as infections, respiratory illnesses or communicable disease. These examples do not include all possible chronic or presenting health concerns but provide general examples to help clarify the guideline.

Additionally we would recommend that service providers:

1. Inform families that the respite provider has no first aid or CPR training and obtain consent via email confirmation, or other electronic means, before providing the service.
2. Require families to self-certify that the consumer does not have a “chronic or presenting health concern” before providing the service.

Please [click here](#) to see the directive or visit our website at www.nlacrc.org, where all of the DDS directives are available for review.



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