

**North Los Angeles County Regional Center**  
**Self-Determination Local Advisory Committee Meeting**  
**Meeting Notes**

**January 16, 2020**  
**Chatsworth**

**Present:** Sandra Baker, Victoria Berrey, Richard Dier, Cheryl Hendrickson, Jordan Feinstock, Michelle Heid, Ellen Jannol, Lillian Martinez, Roxana Topete, Lori Walker —Committee Members

Jesse Weller, Sheila Calove, Liz Chavez —NLACRC staff  
Julie Eby-McKenzie—State Council on Developmental Disabilities

**Guests:** Anna Hamilton, Annabella Hamilton, Diane Bernstein, Ken Curry, Cindy Barry, Troy Barry, Tami Barmache, Rochelle, Ariane Campbell, Andrea, Alicia Diaz, Joe Martinez

**Absent:** Jon Francis

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1. **Call to Order & Introductions**

The meeting was called to order by Michelle Heid at 7:01p.m. in the Chatsworth office. A quorum was present. Introductions were made.

2. **Public Input**

Julie announced that SCDD just completed an Independent Facilitator training. They will begin a new 4 hour training that goes into depth on Self Determination but is not designed to train Independent Facilitators. The SCDD is doing their 5 year plan. Please go to their website to give input.

3. **Consent Items**

a. Approval of Agenda

Approval of Agenda:

M/S/A. (Jannol, Dier). All in favor.

<b>Baker</b>	Yes	<b>Hendrickson</b>	Yes
<b>Berrey</b>	Yes	<b>Jannol</b>	Yes
<b>Dier</b>	Yes	<b>Martinez</b>	Yes
<b>Feinstock</b>	Yes	<b>Topete</b>	Yes
<b>Francis</b>	Absent	<b>Walker</b>	Yes
<b>Heid</b>	Yes		

b. Approval of November 2019 Meeting minutes

Approval of Minutes

M/S/A. (Jannol, Baker). Approved.

<b>Baker</b>	Yes	<b>Hendrickson</b>	Yes
<b>Berrey</b>	Yes	<b>Jannol</b>	Yes
<b>Dier</b>	Yes	<b>Martinez</b>	Yes
<b>Feinstock</b>	Yes	<b>Topete</b>	Yes
<b>Francis</b>	Absent	<b>Walker</b>	Yes
<b>Heid</b>	Yes		

#### 4. **Committee Reports**

- a. Chair's Report— Michelle announced that the Statewide Advisory Committee will meet again on February 10. She has heard that the Statewide Advisory Committee has asked for more input into agenda etc. and the SCDD may be appointing a Co-Chair. She also feels that the Committee needs to do a better job communicating with participants about these meetings and other information.
- b. Board Actions— Lillian said brought a request to the Executive Committee to fund stipends to those who travel to meetings. The request was turned down. Julie said that other Regional Centers provide travel stipends. Michelle said she would work with Lillian to make the request again with more information about what other Regional Centers are doing.

#### 5. **NLACRC/DDS Implementation News**

- a) DDS Implementation Update –
  - i. SDP Newsletter – a new issue came out on January 16.
  - ii. SDP Flowchart – Michelle shared the SDP Flowchart that was shared at the Statewide committee meeting.
  - iii. Update on next SDP selection. A new selection took place on Nov 22. About 46 new participants were selected, making 198 spots. 8 in AV, 9 in SCV and 29 in SFV. 22 adult, 8 transition and 16 school aged.
- b) NLACRC Implementation Update—
  - i. Orientation – More Orientations are being held in all offices during the first week of every month. NLACRC is starting to survey participants on where they are in the implementation process, and shared some preliminary data. A survey to participants is also being developed. She said that Doris Longmire will be leaving NLACRC at the end of the month and a new staff member is being recruited. There is a new SDP Specialist in the Antelope Valley. Jesse Weller shared that they did not submit the list of attendees to SDP Informational Meetings to DDS on a timely manner so these individuals were not included in the lottery. They have addressed their practice and notified DDS. He also announced that NLACRC will be using a model SDP guide from Tri-Counties Regional Center to modify.
  - ii. Report on number of participants and budgets approved – More Orientations are being held in all offices during the first week of every month. NLACRC is starting to survey participants on where they are in the implementation process, and shared some preliminary data. A survey to participants is also being developed. She said that Doris Longmire will be leaving NLACRC at the end of the month and a new staff member is being recruited. There is a new SDP Specialist in the Antelope Valley. Jesse Weller shared that they did not submit the list of attendees to SDP Informational Meetings to DDS on a timely manner so these individuals were not included in the lottery. They have addressed their practice and notified DDS. He also announced that NLACRC will be using a model SDP guide from Tri-Counties Regional Center to modify. One participant is getting services through SDP, an additional 2 budgets certified, and a number are in the queue.
  - iii. Frequently Asked Questions – FAQs were distributed to the Committee for review. Julie had one comment about the question concerning a parent being a paid IF and an IHSS worker. We will review the FAQs further at the February meeting.
- c) Participant Successes and Challenges – Joe Martinez, an IF, said that he has one client that is active on SDP in our area. He also shared that the process for getting the budget approved varies among CSCs. Anna Hamilton shared that she is moving along in the process. She asked

about getting help with educational advocacy. Sheila said she can contact NLACRC's educational advocate or Roxana Topete, the OCRA. Diane Bernstein said she is having success with her clients. Monica McLeod said her son is a participant, and she is trying to navigate the PCP process. She has sent several emails to NLACRC to try to get the process started. Richard said his son's IPP has been approved and spending plan is due to be approved to go live on February 1.

6. **Committee Business**

- a. Recognition for Bebo Saab – Richard suggested giving a plaque to Bebo Saab as a thank you for his contributions. Richard and Michelle will come up with what it will say and will let the group know so anyone can contribute if they want to.
- b. Self Determination Resource Fair – 2020. Richard and Jon are going to plan the next Resource Fair for early 2020 (March is the target month). He asked for assistance from Victoria in how she invited people to come to the fair. Richard said he hopes Committee members will act as concierges to help participants find the services they are looking for. Jesse said that he feels participants need more information about the FMS models (co-employer, etc.)
- c. Agenda planning – add agenda item for reviewing FAQs in February; more discussion about the Resource Fair. Training on service descriptions; review several service descriptions at each meeting and discuss.

7. **Public Input & Comments**—Cindy Barry wanted to know if there are any updates regarding FMS options for participants who require medical services. This relates to nursing; FMS providers do not want the liability of being co-employer. Michelle said she would bring this up at the next Statewide committee meeting.

8. **Adjournment** - meeting was adjourned at 8:50.

**Next Meeting: February 20 in Lancaster**