

North Los Angeles County Regional Center  
**Consumer Advisory Committee Meeting Minutes**

January 8, 2020

**Present:** Bill Abramson, Pam Aiona, Lesly Forbes, Josefina Hernandez, Monroe Jones, and Cynthia Samano – CAC Members

Crystal Cortes, Maria Gonzalez, Jessica Gould, Michelle Heid, Elizabeth Lyons, Emigdia Rosales, Melinda Tannan, and Destry Walker – Guests

Jose Rodriguez - Staff

**Absent:** All members present

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**1. Call to Order & Introductions**

Pam Aiona called the meeting to order at 11:10 a.m. in the chair's absence. Introductions were made.

**2. Public Input** - There was no public input.

**2. Consent Items**

- A. Approval of Agenda
- B. Approval of Minutes from the November 6<sup>th</sup> Meeting

The agenda and minutes were approved as presented.

**3. Committee Business**

- A. Presentation: Legislative Advocacy (Michelle Heid)

Michelle Heid, one of NLACRC's legislative educators, provided a training on legislative advocacy.

- B. Discussion Topics Calendar for FY 2019-20

The following discussion topics were added to the calendar:

- 1. Know Your Rights (March 2020)
- 2. Voting (April 2020)
- 3. Proposed Legislation (May 2020)

C. Event Calendar

Fliers for the Festival of Human Abilities were provided. It will be held on Saturday and Sunday, January 25<sup>th</sup> and 26<sup>th</sup>, at the Aquarium of the Pacific in Long Beach. Free admission for anyone with a disabilities and on attendant, with advance reservations.

D. Review Agenda for Board of Trustees Meeting

Copies of the agenda for the January 15<sup>th</sup> board meeting were provided and reviewed. The board meeting will be held at the center's main office in Chatsworth, at 6:30 p.m. The meetings are open to the public.

**4. Identify Agenda Items for the Next Board Meeting**

The following item was identified for the CAC's section of the January 15<sup>th</sup> board meeting agenda:

A. Minutes from the January 8<sup>th</sup> Meeting

**5. Announcements / Information / Public Input**

A. CAC Attendance Sheet

Updated attendance sheets are always sent out with the meeting packets. Anyone can attend the meetings but consumers who attend **4 CAC meetings in a row** become actual CAC members. So far, Bill Abramson, Pam Aiona, Lesly Forbes, Josefina Hernandez, Monroe Jones, and Cynthia Samano are official CAC members.

B. Next Meeting

The next CAC meeting will be held Wednesday, February 5<sup>th</sup>, at 11:00 a.m. The discussion topic will be how to get a Cal ABLE account.

**6. Adjournment**

Pam Aiona adjourned the meeting at 1:00 p.m.

Submitted by,

*Jennifer Kaiser*

Jennifer Kaiser  
Executive Assistant

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