

**North Los Angeles County Regional Center**  
**Self-Determination Local Advisory Committee Meeting**  
**Meeting Notes**

**November 21, 2019**  
**Santa Clarita**

**Present:** Sandra Baker, Victoria Berrey, Richard Dier, Cheryl Hendrickson, Jordan Feinstock, Jon Francis, Michelle Heid, Ellen Jannol, Lillian Martinez, Roxana Topete, Lori Walker —Committee Members

Jesse Weller, Sheila Calove, Doris Longmire—NLACRC staff  
Julie Eby-McKenzie—State Council on Developmental Disabilities

**Guests:** Rachel Ackerman, Diane Bernstein, Ken Curry, Nabor, Mirtha

**Absent:** None

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1. **Workgroup to review SDP procedures.**

The Committee reviewed NLACRC’s internal SDP procedures guide and provided input.

2. **Call to Order & Introductions**

The meeting was called to order by Michelle Heid at 7:00p.m. in the Santa Clarita office. A quorum was present. Introductions were made. We welcomed Roxana Topete, the new Client’s Rights Attorney for NLACRC, replacing Bebo Saab.

3. **Public Input**

Julie shared information about the SCDD 5 year plan survey and asked for input, and for the Committee to share. Diane Bernstein shared that her son had his first IPP/budget meeting under SDP yesterday and it went very well. Rachel Ackerman is very excited about self determination and felt that many opportunities have been opened up for her son. She also shared that it has been hard to find an independent facilitator for her son, who is 7. Martha is an independent facilitator doing business as Achieve.

4. **Consent Items**

a. Approval of Agenda

Approval of Agenda:

M/S/A. (Jannol, Francis). All in favor.

<b>Baker</b>	Yes	<b>Hendrickson</b>	Yes
<b>Berrey</b>	Yes	<b>Jannol</b>	Yes
<b>Dier</b>	Yes	<b>Martinez</b>	Yes
<b>Feinstock</b>	Yes	<b>Topete</b>	Yes
<b>Francis</b>	Yes	<b>Walker</b>	Yes
<b>Heid</b>	Yes		

b. Approval of September and October 2019 Meeting minutes

Approval of Minutes

M/S/A. (Francis, Dier). Approved.

<b>Baker</b>	Yes	<b>Hendrickson</b>	Abstain
<b>Berrey</b>	Abstain	<b>Jannol</b>	Abstain
<b>Dier</b>	Yes	<b>Martinez</b>	Yes
<b>Feinstock</b>	Yes	<b>Topete</b>	Yes
<b>Francis</b>	Yes	<b>Walker</b>	Yes
<b>Heid</b>	Yes		

5. **Committee Reports**

- a. Chair's Report—Michelle reported that she attended the statewide committee chair meeting in Sacramento on October 18. Michelle clarified some of the selection criteria for the next selection process, including children of Committee members. The rationale was that Committee members are more likely to participate in the process and give feedback. The Statewide committee also met in June and set some goals, such as a Coordinating Committee, Person Centered Plan implementation, a communication forum, to fill all vacancies on all Advisory Committees. The goal of a Coordinating Committee was rejected by SCDD but it is being reconsidered. Michelle also reiterated the decision to have our Committee meetings at all 3 of the offices in order to meet the needs of all the consumers. There are some requests from others to be part of our Committee. If a current member no longer wants to be on the Committee, they can let Michelle know and we can accept applications for future members.
- b. Board Actions—Lillian said there were no Board actions related to SDP. Lillian will agendize a request of the Board to fund stipends to those who travel and/or a videoconference option.

6. **NLACRC/DDS Implementation News**

- a) DDS Implementation Update –
  - i. SDP Newsletter – a new issue came out on November 8.
  - ii. SDP Flowchart – Michelle shared the SDP Flowchart that was shared at the Statewide committee meeting.
  - iii. Update on next SDP selection. The next DDS lottery will take place on Nov 22. There are 29 open spots in NLACRC.
  - iv. Julie shared a list of Independent Facilitators. For now, it's on paper and will be on the California Self Determination Forum Facebook page. SCDD is doing an Independent Facilitator training (Jan 8 Spanish, Jan 15 English)
- b) NLACRC Implementation Update—
  - i. Orientation – Sheila said there is a “handful” of participants who have not attended an orientation. 90% of participants have attended an Orientation. Deadline has been extended to Dec 6. There will be another Orientation on Dec 6 in Chatsworth. They are working on dates for 2020. There are about 105 on the interest list. Richard said that NLACRC has a proportionally low drop out rate.
  - ii. Report on number of participants and budgets approved – 3 approved and 12 in queue
  - iii. Other – there was a recent directive from DDS explaining more about the background checks. NLACRC has completed the 2<sup>nd</sup> phase of staff training. There will be workshops and clinics in each office to give additional training and answer questions about developing the budget. Sheila shared that NLACRC staff attended the “Taking Charge” conference and found it very inspiring.

- c) Participant Successes and Challenges – Lori Walker shared that she has had trouble finding a person or agency to do a Person Centered Plan. She contacted Tierra del Sol and did not hear back. Rachel Ackerman also was having trouble finding someone who works with younger children. Both expressed frustration at having to “chase people down”. Sandra expressed the opposite issue; she has been asked to schedule her SDP budget meeting but she is not ready yet. Ellen said she had difficulty getting funding approved for attending the conference.

7. **Committee Business**

- a. Committee roster – Michelle is going to develop a Committee roster.
- b. Strategies to increase engagement/attendance at SDP meetings – create Facebook events, put meetings in News You Can Use, put meeting announcements on TV screens in lobbies and in Resource Centers, have a ‘social’
- c. Self Determination Resource Fair – 2020. Richard and Jon are going to plan the next Resource Fair for early 2020, after the next round of participants have been selected.
- d. Future agenda planning-please forward ideas to Michelle.

8. **Public Input & Comments**—Rachel expressed that she would like to meet more participants in her area.

9. **Adjournment** - meeting was adjourned at 8:50.

**Next Meeting: January 16 in Chatsworth**