

North Los Angeles County Regional Center
Consumer Advisory Committee Meeting Minutes
November 6, 2019

Present: William Abramson, Pam Aiona, Josefina Hernandez – CAC Members
Jessica Gould, Liz Lyons, and Caroline Mitchell – Attendees
Fatima Castaneda - Aide
Raquel Armendariz – Legislative Educator
Silvia Haro, Juan Hernandez, Jose Rodriguez, and Emi Rosales - Staff

1. Call to Order & Introductions

Caroline Mitchell, CAC chair, called the meeting to order at 11:00 a.m. and introductions were made.

2. Public Input (3 minutes)

3. Consent Items

A. Approval of Agenda

The agenda was approved as presented.

B. Approval of Minutes from the October 2nd Meeting

The minutes were approved as presented.

4. Committee Business

A. Presentation: Regional Center Services (Silvia Haro)

B. Training/Presentation Calendar for FY 2019-20

Copies of the CAC's training/presentation calendar were provided. A legislative advocacy training is scheduled for the January 8th CAC meeting.

C. Event Calendar

Jose provided everyone with fliers for the following upcoming events.

1. NLACRC's Community Coffee: Friday, November 8th, at 10:00 a.m. (New Horizons in North Hills)

2. American Heroes Airshow: Saturday, November 9th, at 9:00 a.m. (Hansen Dam Recreation Center in Lakeview Terrace)
3. Autism Families Night: Sunday, November 10th, at 6:00 p.m. (Aquarium of the Pacific in Long Beach)
4. Self-Advocacy Group Holiday Meeting: Saturday, December 14th, at 3:00 p.m. (Denny's restaurant in Sherman Oaks)

D. Review Agenda for Board of Trustees Meeting

Copies of the agenda for the November 23rd board meeting were provided. This will be a very short meeting, with action items only, that will be followed by a training on the Lanterman Act and NLACRC's contract with the Department of Developmental Services. The meetings are always open to the public.

5. **Identify Agenda Items for the Next Board Meeting**

The following item was identified for the CAC's section of the January 15th Board meeting agenda:

- A. Minutes from the November 6th Meeting

6. **Announcements / Information / Public Input**

- A. CAC Attendance Sheet

Updated attendance sheets are always sent out with the meeting packets. Anyone can attend the meetings but consumers who attend **4 CAC meetings in a row** become actual CAC members. So far, William Abramson, Pam Aiona, Lesly Forbes, Josefina Hernandez, Monroe Jones, and Cynthia Samano are official CAC members.

- B. CAC Annual Holiday Luncheon: December 4th, Noon to 1:00 p.m.

Invitations were provided. A holiday luncheon will be held followed by a white elephant gift exchange, so please bring an unwanted gift or purchase a gift (no more than \$10) if you want to join in the fun! Please RSVP to Jose Rodriguez at JRodriguez@nlacrc.org or at (818) 756-6289 by Tuesday, December 3rd.

C. Next Meeting: Wednesday, January 8th, at 11:00 a.m.

7. **Adjournment**

Caroline adjourned the meeting at 12:15 p.m.

Submitted by,

Jennifer Kaiser

Jennifer Kaiser
Executive Assistant

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