

North Los Angeles County Regional Center
Self-Determination Local Advisory Committee Meeting
Meeting Notes

October 17, 2019
Santa Clarita

Present: Victoria Berrey, Richard Dier, Cheryl Hendrickson, Jon Francis, Michelle Heid, Lillian Martinez, Bebo Saab—Committee Members

Jesse Weller, Sheila Calove, Doris Longmire—NLACRC staff
Julie Eby-McKenzie—State Council on Developmental Disabilities

Guests: Diane Bernstein, Christy Ruiz, Sun Park

Absent: Jordan Feinstock, Ellen Jannol, Lori Walker

1. Call to Order & Introductions

The meeting was called to order by Michelle Heid at 7:07 p.m. in the Lancaster office. A quorum was present. Introductions were made.

2. Public Input

Richard Dier shared information about the upcoming Self Determination conference sponsored by Disability Voices in November. The cost of the conference was discussed.

3. Consent Items

a. Approval of Agenda

Approval of Agenda:

M/S/A. (Saab, Hendrickson). All in favor.

Baker	Abs	Hendrickson	Yes
Berrey	Yes	Jannol	Abs
Dier	Yes	Martinez	Yes
Feinstock	Abs	Saab	Yes
Francis	Yes	Walker	Abs
Heid	Yes		

b. Approval of September Meeting minutes

Approval of Minutes

M/S/A. (Saab, Dier). Some changes are needed, including with the following changes; Cheryl was not present and Sandra was present. Other changes were discussed. Deferred approval of September meeting minutes until next meeting.

Baker	n/a	Hendrickson	n/a
Berrey	n/a	Jannol	n/a
Dier	n/a	Martinez	n/a
Feinstock	n/a	Saab	n/a
Francis	n/a	Walker	n/a
Heid	n/a		

4. **Committee Reports**

- a. Chair/Co-Chair's Report—Michelle reported that she is attending the statewide committee chair meeting in Sacramento tomorrow and will have a full report at the next meeting.
- b. Board Actions— Lillian said at the last Board meeting there were comments about attendees feeling that there was not a clear path forward and Ruth is interested in looking into this to provide more support for participants.

5. **NLACRC/DDS Implementation News**

- a) DDS Implementation Update –
 - i. SDP Newsletter - more issues have come out recently
 - ii. Update on next SDP selection. DDS set a deadline of November 15 for participants to attend an orientation. The next drawing for the lottery will be November 22 based on the following criteria: total number of participants at each RC, individuals age 42 and older, siblings of participants, members/family members of SDP advisory committees, and maintain as close as possible ethnic diversity within the Regional Center. Several Committee members were unsure why members/family members of SDP advisory committees are given preference in the next lottery.
- b) NLACRC Implementation Update—
 - i. Orientation – Sheila said a notification letter went to the remaining 22 participants who have not attended an orientation. Withdrawals - 23 participants have withdrawn primarily saying they are too busy, etc. There are an additional 70 participants that were sent to DDS to be on the interest list who attended Informational Meetings. Two more Orientations are scheduled and one more Informational Meeting before November 15.
 - ii. Report on number of budgets approved - 9
 - iii. Other –Julie announced that the SCDD has changed its position and will start a list of Independent Facilitators with the caveat that they will not be 'recommended'. She is starting a Los Angeles list but is not sure how the information will be distributed, e.g. a website or a paper list. Second phase of staff training has been launched. Doris showed a 52 page guide that CSCs get as part of training. It is from 9:30am-3:30pm and comprised of 6 modules. They are also going to hold clinics on developing an individual budget. Bebo offered to review and give feedback on the modules and said the Committee is here to support NLACRC. Michelle suggested having a workgroup module review before the meeting from 6-7pm in November so that any Committee member or the public can attend.
- c) Participant Successes and Challenges – Lillian shared that she met her new CSC and it was a positive meeting. Sun Park shared that she got a lot out of the Person Centered Planning presentation at the Resource Fair. Christy Ruiz started that her son participated in his Person Centered Planning meeting via typing because he has limited verbal ability. Everyone felt like he really enjoyed participating in the PCP process. She also praised her SDP supervisor Celina. She felt so excited and invigorated about the process and her son's future. Challenges – Christy's CSC was not very familiar with SDP but Christy and her CSC participated in the SDP process with the help of Celina. They were all learning together and felt really good about the process. Diane shared that you don't have to wait to have everything "ready", you can just start. Diane shared that she is going to all of the RCs in LA county. One challenge is that every family and participant are different and they all have different levels of understanding of the SDP system. Richard shared two successes; he thanked Sheila for helping break an impasse related to the budget, and that there may be an exception process to the maximum FMS fee for

DRAFT

very complicated budgets. And a challenge: RC does not agree that an assessment is necessary and there is no clear path for resolving differences in SDP.

6. **Committee Business**

a. Self Determination resource fair – this was held on September 28 in Chatsworth. Lilian was happy with the event and the presentation from Liz Harrell. Sun Park attended and was happy with the resources and her ability to ask FMS providers questions. There was a lot of discussion and networking. There were 4 FMS exhibitors and 2 IF exhibitors. Vicki shared that 4 IF exhibitors dropped out last minute, which was disappointing. She expressed concern about the number of the IFs and how they are or are not equipped for being professional Ifs and how this can be scaled up. She also said there may be opportunity to offer a more ‘advanced’ IF training for working IFs. We discussed another Resource Fair in early 2020 and having a panel of participant success stories or Person Centered Planning successes.

b. 2020 meeting schedule

M/S/A. (Saab, Dier). All in favor of schedule as presented (3rd Thursday of month except July/Dec).

Baker	Abs	Hendrickson	Yes
Berrey	Yes	Jannol	Abs
Dier	Yes	Martinez	Yes
Feinstock	Abs	Saab	Yes
Francis	Yes	Walker	Abs
Heid	Yes		

7. **Public Input & Comments**— Diane shared that some families she is talking to are not open to having the participant/consumer take an active role in in the person centered planning or seem to want to hurry the process along. Julie suggested that Diane consider some boundaries with her clients so that the participant always is part of the process.

8. **Adjournment** - meeting was adjourned at 8:50.

Next Meeting: November 21 in Santa Clarita