

North Los Angeles County Regional Center
Consumer Advisory Committee Meeting Minutes
March 6, 2019

Present: Pam Aiona, Lesly Forbes, Juan Hernandez, Caroline Mitchell, Jose Rodriguez, Cynthia Samano, and Melinda Tannan

1. Call to Order & Introductions

Caroline Mitchell, CAC chair, called the meeting to order at 11:00 a.m. and introductions were made.

2. Public Input (3 minutes)

Juan announced that changes will be made to In-Home Support Services (IHSS) county providers' wages and benefits due to the recent increases in the local minimum wage.

3. Consent Items

A. Approval of Agenda

Item 4.E. was added to the agenda. The agenda was approved as modified.

B. Approval of Minutes from the January 2nd CAC Meeting

The minutes were approved as presented.

4. Committee Business

A. Presentation: Living with Diabetes

Jennifer Castaneda, regional center nurse consultant, provided a presentation on how to live with Diabetes.

B. Training/Presentation Calendar for FY 2018-19

The training/presentation calendar was provided and discussed. Next month's discussion topic will be employment.

C. Updated Event Calendar

Copies of the updated event calendar were provided.

D. Review Agenda for March 13th Board of Trustees Meeting

The agenda was not available for review.

E. State Council on Developmental Disabilities

The State Council will be holding a meeting on Thursday, March 22nd and all advocates are encouraged to attend.

5. **Identify Agenda Items for the Next Board Meeting**

The following item was identified for the CAC's section of the March 13th board meeting agenda:

A. Minutes from the March 6th Meeting

6. **Announcements / Information / Public Input**

A. CAC Attendance Sheet

Updated CAC attendance sheets are included in the monthly meeting packets. Anyone can attend the meetings but consumers who attend **4 CAC meetings in a row** become actual CAC members. Currently, Lesly Forbes is the only official CAC member.

B. Next Meeting: Wednesday, April 3rd, at 11:00 a.m.

7. **Adjournment**

Caroline adjourned the meeting at 12:00 p.m. and everyone enjoyed a pizza lunch!

Submitted by,

Jennifer Kaiser

Jennifer Kaiser
Executive Assistant

