North Los Angeles County Regional Center  
Self-Determination Local Advisory Committee Meeting  
Meeting Notes  

January 17, 2019

Present: Sandra Baker, Victoria Berrey, Jon Francis, Ellen Jannol, Cheryl Hendrickson, Lillian Martinez, Jordan Feinstock, Michelle Hedi, Bebo Saab, Lori Walker—Committee Members

Sheila Calove, Mandy Flower, Ruth Janka, Liz Chavez—NLACRC staff  
Julie Eby-McKenzie—State Council on Developmental Disabilities

Guests: Scott Cross, Ken Curry

Absent: Richard Dier

1. Call to Order & Introductions  
The meeting was called to order by Jordan Feinstock at 7:03 p.m. in the Santa Clarita office. A quorum was present. Introductions were made.

2. Consent Items  
   a. Approval of Agenda
      Approval of Agenda as presented:
      M/S/A. (Heid, Hendrickson). All in favor.
      Baker     Yes    Hendrickson  Yes
      Berrey    Yes    Jannol     Yes
      Dier      Absent Martinez   Yes
      Feinstock Yes    Saab       Yes
      Francis   Yes    Walker     Yes
      Heid      Yes

   b. Approval of December 13 Meeting minutes
      Approval of Minutes as corrected (pg 3, late Jan or early Feb).
      M/S/A. (Baker, Heid). All in favor.
      Baker     Yes    Hendrickson  Yes
      Berrey    Yes    Jannol     Yes
      Dier      Absent Martinez   Yes
      Feinstock Yes    Saab       Yes
      Francis   Yes    Walker     Yes
      Heid      Yes

3. Public Input & Comments  
Jon Francis thanked Julie Eby-McKenzie of the SCDD for putting on the very informative Independent Facilitator training at CSUN last week. Jon, Cheryl, Lori and Jordan attended. Lori got copies of books called “It’s My Choice” about person centered planning from Minnesota.
Sandra shared that her CSC visited her home and said she was not familiar with the Self Determination Program, and said that the CSC said the program would be difficult. Sheila and Ruth said that if someone says they want to disenroll, they are encouraged to attend the orientations first before making any decision.

Bebo asked what reasons participants give for wanting to disenroll. Liz said that some say they do not have a lot of information about the program, and others feel that their child does not need a lot of services at this time.

Julie announced that Liz Harrell from ELARC, who provided a training for our Committee, was recruited by DDS to run the Self Determination program for DDS. She starts on February 1. This is a good thing because Liz has been working on Self Determination at ELARC for a long time! Her first order of business will be getting the Orientation materials completed. The last Julie heard, they are aiming for the end of February/early March for completion of the Orientation materials. Then there will be 5 regional Training of Trainers meetings.

Julie asked when the basics of Self Determination would be presented to staff. Sheila said newer staff have not been trained. They are attending the Self Determination trainings that Mandy gives. Members of the Committee asked management to please let all CSCs know they should not be dissuading participants.

A guest asked about the timelines for Orientation. He also asked about the Independent Facilitator role. The facilitator can charge the consumer. The Independent Facilitator will develop new resources and locations for the consumer. Jordan called the facilitator the “conductor”.

4. Committee Reports
   a. Chair’s Report—Jordan stated there will be a meeting of the Statewide Self Determination Committee on February 21 in San Diego.
   b. Board Actions— Lillian said that Ruth presented an executive summary of Self Determination to the Board of Trustees at the January meeting.

5. NLACRC/DDS Implementation News
   a) DDS Implementation Update – a new memo about the Individual Budget was published on the DDS website on January 11. Copies were provided.
   b) NLACRC Implementation Update— Sheila reviewed the Executive Summary. There are currently 172 participants. 44% of participants are in the school age unit, 28% transition and 28% adult. NLACRC intends to recruit for a Self Determination resource developer who will help the CSCs find resources, e.g. the “heavy lifting” for finding non-vendored services. Julie asked about the status of FMS vendors. Ruth said that the current FMS providers declined the idea of being a FMS vendor for Self Determination. Premier will be an FMS for the entire state. NLACRC is preparing to accept applications from other agencies to be vendored for FMS services. Sheila said that there are some funds available ($2.8m) from the pilot program that are available to RCs and SDPs. When the funds are available, we will collaborate on how to use these funds. Mandy said that NLACRC is sending participants a monthly letter with an update on what’s happening.
   c) Train the Trainer – these sessions are likely to be scheduled in March. Regional Center staff will attend; SDP committee members may attend.
   d) Self-Determination Orientation Meetings—the best guess is late February/early March
6. Committee Business
   a. Report on Independent Facilitator trainings at CSUN – Jon, Cheryl, Lori and Jordan attended and found it valuable. Julie said about 80 people attended the English session and about 60 attended the Spanish session. Vicki thanked Julie for providing the trainings.
   b. Committee input on NLACRC implementation – Bebo asked what the Implementation Committee has been working on. Sheila said that Committee has developed some procedures and a roadmap for what they will need to do to develop a roadmap. Bebo asked that Sheila share it with the Committee next month, even if it is not completed.
   c. 2019 Meeting Schedule and agenda planning – our next meeting is at Chatsworth.

7. Public Input & Comments—A guest asked about the process for filling the 12 slots from people who have moved or asked to be taken off the participant list. Julie said that DDS won’t select any other people until the Orientations are completed. She also asked about nursing services.

8. Adjournment - meeting was adjourned at 8:42.

Next Meeting: February 21 in Chatsworth