Present: Pam Aiona, Gloria Gonzalez, Jessica Gould, Michelle Heid, Juan Hernandez, Monroe Jones, Jennifer Kaiser, Caroline Mitchell, Jose Rodriguez, Moses Sperber, Scott Sperber, Adam Stokes, and Josefina Verdin

1. Call to Order & Introductions

   Caroline Mitchell, CAC chair, called the meeting to order at 11:00 a.m. and introductions were made.

2. Public Input - There was no public input.

3. Consent Items

   A. Approval of Agenda

      The agenda was approved as presented.

   B. Approval of Minutes of May 1, 2018 Meeting

      The minutes were approved as presented.

4. Committee Business

   A. Presentation & Discussion: Legislative Advocacy

      Jessica Gould gave a PowerPoint presentation on legislative advocacy. Jessica is very active on the legislative front and visits her local Assemblyman and Senator frequently to discuss issues of importance to her and the center. After the presentation, discussion ensued amongst the consumers present about what steps they could take to get to know their legislators and share their issues with them.

   B. Report on ARCA Consumer Advisory Committee Meeting

      The Association of Regional Center Agencies (ARCA) is located in Sacramento and represents California’s 21 regional centers. ARCA has many working committees, including the Consumer Advisory Committee (CAC). The CAC is made up of 1 consumer from each of the 21 regional centers. They meet every other month. Jessica Gould is NLACRC’s representative to the ARCA CAC.
The last ARCA CAC meeting was held in Sacramento on Friday, July 13th, and Jessica gave a report on that meeting. Highlights of the meeting included:

1. A report by each ARCA CAC member on their regional center’s activities.
2. Liz Rodriguez, from Central Valley Regional Center, was elected committee chair for the new fiscal year.
3. A presentation was given on Medi-Cal services available for people receiving Social Security income.

C. Reports on Employment, Transportation, Legislation, and Housing

No reports were given.

D. Training/Presentation Calendar for FY 2018-19

The following trainings/presentations will be held at the following CAC meetings:

1. September 5th - Employment
2. October 3rd - Personal Safety
3. November 7th - Affordable Housing
4. December 5th - Transportation/Annual Holiday Party

Action: Suggestions were made to have future presentations given by the Department of Rehabilitation and LA Care to talk about the services they provide.

E. Updated Event Calendar

The following free events were listed on the CAC’s event calendar for August:

1. August (all month) at 7:30 p.m. - Summer movie series presented by Councilwoman Monica Rodriguez at various locations throughout the San Fernando Valley.
2. August 15th at 9:00 a.m. - Self-Determination program informational meeting (NLACRC’s main office)
3. August 17th at 6:30 p.m. - Line dancing (San Fernando Recreation Park)
4. August 19th at 5:00 p.m. - Afro-Cuban drum and dance (San Fernando Recreation Park)
5. August 26th at 5:00 p.m. - Mexican folk dance (San Fernando Recreation Park)
F. **Review Agenda for the August 15th Board of Trustees Meeting**

Copies of the agenda for this month’s board meeting were provided and Jennifer provided highlights. Board meetings are open to the public and anyone is welcome to attend. This month’s board meeting will begin at 6:30 p.m. at the center’s main office in Chatsworth.

5. **Identify Agenda Items for the Next Board Meeting**

The committee identified the following item for the CAC’s section of the August 15th board meeting agenda:

A. Minutes of the August 1st Meeting

6. **Announcements/Information/Public Input**

A. **CAC Attendance Sheet**

   The attendance sheet is updated each month. Consumers who attend 4 meetings in a row become actual CAC members.

B. **Next CAC Meeting**

   The next CAC meeting will be held Wednesday, September 5th. The discussion topic will be employment.

7. **Adjournment**

Caroline Mitchell adjourned the meeting at 12:15 p.m. and everyone enjoyed lunch together.

Submitted by,

*Jennifer Kaiser*

Jennifer Kaiser
Executive Assistant

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