Family support services
Services that may be provided by Regional Center or other generic resources are listed below. These services should be considered as part of the person-centered/family-centered planning process.

Services for families with children under 18
• Behavior management programs
• Counseling
• Diapers (3 years or older)
• Infant stimulation programs
• Mental health services
• Special adaptive equipment
• Specialized medical and dental care

Services for families
• Assistance with child's behavior issues
• Developmental disability-related counseling
• Family/individual counseling
• Homemaker services
• Parent support groups
• Parenting skills training
• Short-term assistance

Services for parents with disabilities
• Services for families (listed above)
• Parenting training
• Supported living arrangements for parents and their children
• Other services and supports

Special services for aging consumers and their families
• Assisting with the needs of aging parents through referrals to appropriate generic resources
• Referrals to senior centers
• Respite care

Questions?
If you have any questions, do not hesitate to ask your service coordinator. You may also want to visit the NLACRC Web site at www.nlacrc.org or the Department of Developmental Services (DDS) Web site www.dds.ca.gov for additional information.

Resources
NLACRC has a library with books, DVDs, videos, and many other resources. The Van Nuys library has a computer lab with Internet access and special software programs including Dragon Naturally Speaking, Kurzweil 3000, ZoomText, and Inspiration. Please call to schedule your visit.

About NLACRC and the Lanterman Act
NLACRC is a nonprofit corporation that provides case management and access to a full range of effective services for persons with developmental disabilities (consumers). These high-quality services are provided in a cost-effective manner. The center operates under a contract with the State of California Department of Developmental Services.

In accordance with the Lanterman Act, NLACRC provides assistance in accessing services and supports for consumers and their families. The Lanterman Act is the law in California that says people have the right to services and supports as determined through the IPP process and based on individual needs and preferences. Services and supports help to expand consumer opportunities and choices in the community. This law’s intent is to empower consumers so that they may lead lives similar to those of people without disabilities.

You can view the Lanterman Act on the DDS Web site at www.dds.ca.gov.

Be sure to visit the NLACRC Web site for current news and information.
www.nlacrc.org

NLACRC Offices www.nlacrc.org
Business hours: Mon.-Fri., 8:30 a.m. - 5 p.m.
Library hours 9 a.m. - 4 p.m.
Closed on Sat. & Sun. and major holidays

San Fernando Valley (main office)
9200 Oakdale Avenue, Suite 100
Chatsworth, CA 91311
Telephone: (818) 778-1900
Fax: (818) 756-6140

Santa Clarita Valley Office
25360 Magic Mountain Parkway, Suite 150
Santa Clarita, CA 91355
Telephone: (661) 775-8450
Fax: (661) 775-8454

Antelope Valley Office
43210 Gingham Avenue, Suite 6
Lancaster, CA 93535
Telephone: (661) 945-6761
Fax: (661) 942-4050

24-hour / after-hours phone line (818) 778-1900
Urgent issues only. Medical emergencies dial 9-1-1
Early Start
Early Start services are provided for children (0-3 years) who are at risk of developmental disabilities. Receiving support early in life can help with your child’s growth and development.

Regional Center must provide required Early Start services in a timely manner. Families that are financially able may be required to share the cost for services such as respite, day care and camping. Services and supports chosen for a consumer must:
- Be effective in meeting the goals stated in the IPP/IFSP
- Promote the consumer’s self-sufficiency and choice
- Be cost-effective

Other supports
As a payer of last resort, Regional Center helps fund services and supports related to developmental disabilities that other sources do not provide.

Other examples of supports that serve consumers and their families might include:

Generic supports - government agencies such as Medi-Cal, Medicare, Supplemental Security Income (SSI), and senior services

Natural supports - personal relationships that enhance the quality and security of life (such as family and friends)

Private supports - supports such as family health insurance

Two of the most frequently requested supports by families are respite care and day care.