

North Los Angeles County Regional Center
Self Determination Local Volunteer Advisory Committee
Meeting Minutes
October 20, 2016

Present: Sandra Baker, Victoria Berrey, Richard Dier, Ellen Jannol, Bebo Saab – Committee Members
Ruth Janka, Evelyn Chamorro – NLACRC Staff
Julie Eby-McKenzie – State Council on Developmental Disabilities
Ilanit Harounsheily, Lillian Martinez, Kristine Guitierrez, Gabriela Eshrati,
Mitra Kermani, Anna Frise - Guests

Absent: Nicole Carter, Allison Cameron Gray, Mercedes Del Cid, Michelle Heid, Debra Newman–
Committee Members

1. Call to Order & Introductions

The meeting was called to order by Richard Dier at 7:04p.m. Introductions from the Committee were made. Our guests introduced themselves. A quorum was present.

2. Public Input & Comments

None.

3. Training Topic: Experiences from Kern Regional Center’s Self Determination Pilot Program.

Rick Wood, a parent and member of the Self Determination Advisory Program from the Kern Regional Center, made a presentation via Skype.

Rick’s son has been a participant in Kern’s Self Determination pilot program for 16 years. Rick shared his thoughts and positive feedback about the Self Determination program, and answered questions.

Rick stated that he feels Self Determination and the Person Centered Planning process are a tool to set goals and allows for “out of the box” thinking. His son received services that are not part of traditional service delivery, such as recreation programming and diapers. He stated that Self Determination requires some work and evaluation each year. He said at first, his son’s costs went up, then went down over time. He encouraged the Committee to do meaningful outreach.

Questions for Rick:

Q. How does reimbursement work, such as buying diapers?

A. Can either pay by credit card and be reimbursed, or ask FMS to cut a check in advance.

Q. How did you get payment for your son’s adaptive ski program?

A. It was categorized as a recreational program that is linked to his quality of life.

Q. What are the steps to be selected?

A. Each Regional Center has an interest list. There are 174 openings for NLACRC. DDS will make the selections. After 3 years, open to all.

Q. How did you find and train staff?

A. This is one of the great challenges of Self Determination. As his son aged, his care requirements became greater. Things can go wrong with scheduling. They used word of mouth and ads. Your broker or independent facilitator can help with this.

Q. Diapers are usually funded by a generic service such as Medi-Cal or insurance. How did this affect your funding?

A. Rick has always paid for diapers from his budget, not through Medi-Cal.

Q. Rates for staff are low. Can you pay more than Regional Center rates?

A. Yes, you can pay a higher more competitive wage under Self Determination. He pays 50% more.

Q. Who approves goals?

A. I

4. Consent Items

A. Approval of Agenda

M/S/C (B. Saab/S. Baker) To approve the Agenda as written.

Baker	Yes	Gray	Absent
Berrey	Yes	Heid	Absent
Carter	Absent	Jannol	Yes
Del Cid	Absent	Newman	Absent
Dier	Yes	Saab	Yes

B. Approval of Meeting Minutes from September 15 Meeting:

M/S/C (B. Saab/E. Jannol) To approve the Agenda as written.

Baker	Yes	Gray	Absent
Berrey	Yes	Heid	Absent
Carter	Absent	Jannol	Yes
Del Cid	Absent	Newman	Absent
Dier	Yes	Saab	Yes

5. Committee Reports

A. Chair's Report – There is a meeting of the Statewide Stakeholders next Wednesday. Richard will forward the call in number to Evelyn who will forward to the committee. Richard reported that he will be going to Sacramento next Thursday for the meeting of the Chairs of each of the Advisory Committees.

B. Board Actions – In Debra's absence, Victoria said there have not been any relevant Board actions.

6. NLACRC/DDS/Update

- Current Interest List – Evelyn provided an analysis of consumers interested in SDP. To date, 100 people have expressed interest and are on the list.
- Community Outreach – Evelyn distributed a calendar of scheduled outreach events. Recent outreach included a new group in Palmdale. It was suggested that outreach can be done through the Special Olympics because a lot of consumers participate.
- DDS Update –Ruth said that ARCA says the best case scenario is that the resubmitted waiver application will be by February 2017, which means approval by May/June 2017. DDS is proposing using the vendorization system to track non-vendored service providers, and adhering

to Title 17 Special Incident Reporting process. This sounds like creating a parallel service delivery system. Julie reminded the Committee that there will be a 30 day comment period where Committee members and the public can make comments on the proposed waiver application.

7. Old Business

A. None

8. New Business

- A. Meeting Schedule for 2017 – we talked about our meeting schedule for the coming year. Ruth said that Nicole may have a conflict on the third Thursday night because she took a new job. Victoria said that Debra says she has a conflict on the third Thursday night as well due to her role as the NLACRC Board representative to ARCA. The Committee agreed to discuss this further in November when more members are present.
- B. Future agenda planning – our next meeting (November) will feature a panel of Independent Facilitators. Our January meeting will have a presentation by Liz Harrell of ELARC on how Self Determination differs from traditional services from the service coordination perspective. We will bring up other possible topics in November.

9. Public Comment

Mitra thanked the Committee for the informative meeting.

10. Adjournment

Meeting was adjourned by Richard at 8:50pm.

Submitted by Victoria Berrey, Secretary.