



# Emergency Supplies Backpack Training

Sponsored by: **North Los Angeles County Regional Center**  
Free for adults with developmental disabilities who live on their own.

**Presenters: Kathryn Lincoln and Jose Rodriguez**

Adult consumers who live on their own receive a backpack filled with emergency supplies at this training!

We'll cover:

Emergency food, water, household and first aid supplies  
Emergency plan, home safety list and emergency resources

## **Van Nuys Office- 15400 Sherman Way, Van Nuys-**

Tue- 7/14/09 from 5:30 -7:30 PM in Conference Room 210

Sat- 8/1/09- from 10 - 12 Noon in Conference Room 210

Sat- 9/26/09 from 10 -12 Noon in Conference Room 210

Thu- 10/1/09 from 5:30 -7:30 PM in Conference Room 100

## **Santa Clarita Office- 28470 Ave. Stanford, Santa Clarita-**

Thu- 8/13/09 from 5:30 -7:30 PM in Conference Room

Sat- 8/22/09- 10 -12 Noon in Conference Room

## **Antelope Valley Office- 43210 Gingham Ave, Lancaster-**

Wed- 9/16/09 from 5:30 -7:30 PM in Conference Room

Sat. 10/10/09 from 10 -12 Noon in Conference Room



Space and backpacks are limited so RSVP early-  
Contact Kathryn Lincoln, NLACRC Community Outreach  
Specialist- **818-756-6225**, fax- **818-756-6130** or email-  
**[kathrynl@nlacrc.org](mailto:kathrynl@nlacrc.org)**