

Service Standard Policy

It is the policy of the North Los Angeles County Regional Center (NLACRC) to advocate and supply information to consumers, their family members, and service providers on social/recreational activities. This will enable consumers, their family members and/or service providers to arrange for individual or group/social recreational activities.

For most consumers, their individual social/recreational needs should be met through the natural involvement in one's family activities or residential service program. Also, consumers often participate in social/recreational activities as part of their educational or day service. Therefore, typically, NLACRC will not separately fund social/recreational activities, however it is recognized that some individual needs are so unique that exceptions may be granted.



Our Mission Statement

North Los Angeles County Regional Center will be the community recognized leader in providing comprehensive information, advocating in cooperation with consumers, promoting quality services, and supporting full participation of consumers in all aspects of community life.

San Fernando Valley (Main Office)
15400 Sherman Way, Suite 170
Van Nuys, CA 91406
(818) 778-1900

Santa Clarita Valley Office
28470 West Avenue Stanford, Suite 100
Santa Clarita, CA 91355
(661) 775-8450

Antelope Valley Office
43210 Gingham Avenue, Suite 6
Lancaster, CA 93535
(661) 945-6761

24-hour/after-hours phone line
(818) 778-1900
Office Hours: 8:30 a.m. - 5:00 p.m.



*Social
and
Recreational
Activities*

Social and Recreational Activities

Playing baseball on a warm Spring day. Roasting marshmallows around a cozy campfire. Building friendships that will last a lifetime.

At the North Los Angeles County Regional Center (NLACRC), we highly encourage participation in social and recreational activities like these – ones that help ensure an individual's emotional well-being and enhance age-appropriate social skills.

People of all ages who have developmental disabilities can experience many activities throughout the San Fernando, Santa Clarita, and Antelope Valleys. While we highlight a few examples in this brochure, there are many more exciting opportunities that you can explore.

Our library houses an extensive directory that contains valuable information about a variety of programs. If you wish to learn more about what's available, please contact your Regional Center service coordinator, or to schedule an appointment to view the directory in our library, please call (818) 756-6288 or in Antelope Valley (661) 951-1271.

Department of Parks and Recreation

Check with the Department of Parks and Recreation near you to find out what types of classes they have available. Most cities offer many different activities, including sport leagues and classes, art and craft classes, music lessons, and much more.

City of Los Angeles
Parks and Recreation
San Fernando Valley
(818) 756-8060

City of Santa Clarita
Parks and Recreation
(661) 255-4910

City of Palmdale
Parks and Recreation
(661) 267-5611

City Wide Aquatics

Your local city pool offers a wide variety of swim programs for children and adults. Classes are taught by trained staff, certified by the American Red Cross as adapted aquatic instructors and instructor aides. The goal of the program is to make pools more inviting and provide a lifelong recreational outlet. For more information, please call (323) 906-7953.

Girl Scouts of America

Girl Scouting is committed to helping girls from every background to develop the confidence, determination, and skills needed to thrive in today's world. Please call (818) 886-1801 for more information or visit their web site at www.gsusa.org.

National Arts and Disability Center

This UCLA-affiliated program is a national information dissemination, technical assistance, and referral center specializing in the field of arts and disabilities. NADC is dedicated to promoting the full inclusion of children and adults with disabilities into the visual, performing, media, and literary arts communities. Please call (310) 794-1141 for more information or visit their web site at <http://nadc.ucla.edu>.

YMCA

An association of all ages, ethnic groups, and religious groups that strives to enrich the quality of spiritual, mental, physical, and social life for families, communities and individuals. After-school care, camping programs, and many other recreational activities are available. Check the phone directory for the YMCA near you or visit their web site at www.ymca.net.

