



3rd Self-Advocacy Relationship Conference

Run by and for adults with developmental disabilities

Celebrate Relationships with Friends and Family

Saturday, Sept. 5, 2009

1:30 PM - 10:30 PM

Airtel Hotel- 7277 Valjean Av.

Van Nuys, Ca 91406-

Sherman Way, west of

Woodley- 818-997-7676

Sponsored by:

NLACRC Self-Advocacy

Group & Just 4 Us Group-

818-756-6225



Conference Agenda



1:30 - 2 PM- Register

2 - 3 PM- Welcome, Speakers on: Good Relationships- No Abuse

3 - 3:15 PM- Break

3:15 – 4:15 PM- Workshop 1- choose Make & Keep Friends OR Marriage & Family

4:15 – 4:30 PM- Break

4:30 – 5:30- Workshop 2- choose Solving Problems OR Sex & Intimacy

5:30 – 6 PM- Break

6 - 8 PM- Dinner & Dessert, Raffle, Speakers on: Support From Friends & Family

8 - 10:30 PM- Dance & Raffle



Parking- \$6 day, \$8 night



Hotel overnight stay may be arranged by calling Airtel by 8/23 at 818-997-7676- ask for group rate of \$105 plus tax = \$119.70 per room



Registration

Payment: Regional Center cannot pay for this conference because we are not vendored.

1. \$52.00 each - Early bird special by **7/21/09**- workshops, dinner, dance & raffle ticket

2. Payment Plan: \$26.00 by 7/21 and **\$26.00** by 8/21/09

3. \$62.00 each- Registration by 8/21/09- workshops, dinner, dance & raffle ticket

4. \$30.00 each- Support Person Special- by 8/21/09. No dinner.

Sorry, no refunds, but you may ask someone to replace you. Let us know by 9/3/09- 818-756-6225, kathrynl@nlacrc.org



Payment is due with registration. We accept money order, cashier check or traveler check made out to: **Paula DeAmicis**. We'll mail a receipt with conference details.

****Personal check with approval-** Call Kathryn Lincoln- 818-756-6225, kathrynl@nlacrc.org

****To pay by cash:** Call Kathryn Lincoln-818-756-6225, kathrynl@nlacrc.org to arrange.



Send payment with registration to:
NLACRC- Kathryn Lincoln
15400 Sherman Way,
#170, Van Nuys, CA
91406

REGISTRATION #1:

Name_____

Address_____

City_____

State_____ Zip_____

Phone_____

Email_____

Emergency Person & Phone

Dinner-___ Grilled Chicken

OR ___ Vegetable Pasta

Dessert- ___ Cheesecake

OR ___ Fresh Fruit

Special Needs?

___ Wheelchair ___ Other



REGISTRATION #2:

Name:_____

Address_____

City_____

State_____ Zip_____

Phone_____

Email_____

Emergency Person & Phone

Dinner- ___ Grilled Chicken

OR ___ Vegetable Pasta

Dessert - ___ Cheesecake

OR ___ Fresh Fruit

Special Needs?

___ Wheelchair ___ Other





Transportation-

*We don't have a group bus. **Metro bus #163-** get off at Sherman Way and Woodley Av. in Van Nuys- Airtel Hotel is on Sherman Way, 1 block west of Woodley.*

***405 Freeway**, exit Sherman Way, go west on Sherman Way, 1 block past Woodley turn right on Valjean, turn left into parking lot.*

***Van Nuys Flyaway Bus Shuttle** is nearby at 7610 Woodley Av.*



NLACRC Self-Advocacy Group is 18 years strong. Tim DeLeon is President, Cari Becker is V.P, Elana Offseyer is Secretary, Martin Torres is Sergeant at Arms & Jason Schaftel is Treasurer.



Just 4 Us Group is 12 years old and honors the memory of their founder, Sheila Ouellette, who passed away in 2007. Mary Abitia and Paula DeAmicis are the Coordinators. North L.A. County Regional Center provides support to both groups. Advisor: Kathryn Lincoln



In 2004, NLACRC Self-Advocacy Group and Just 4 Us Group members came together to plan, organize and run their own Self-Advocacy Relationship Conference because they wanted to be in charge.



Self-Advocates plan and make the decisions for this conference. Every speaker is a self-advocate.



Welcome! *Everyone who attends the conference is expected to do what they can for themselves, ask for help when they need it and help others when they can.*



This is our first conference at the Airtel Hotel. The lovely hotel has large model airplanes in the lobby and overlooks the Van Nuys Airport. It has a heated outdoor pool, 3 Jacuzzis, 24 hour Fitness Center, vending machines, gift shop, coffee & snack bar, Clipper Café & Clipper Club Bar Lounge.

