



# Relationships & Sexuality Mini Class



For adults with developmental disabilities at no cost  
Support staff or family members may attend with a consumer,  
but must participate in the class

Sponsored by: North Los Angeles County Regional Center  
Presenter: Kathryn Lincoln

## This mini 6 hour class will cover:

1. Healthy Relationships, boundaries and intimacy
2. Sexual relationships
3. Preventing unwanted pregnancy, sexually transmitted diseases and infections
4. Preventing and reporting abuse

**When: 5:30 - 7:30 PM on 3 Tuesday evenings in a row-  
8/18, 8/25 and 9/1/09**  
*You must attend all 3 classes.*

**Where: North Los Angeles County Regional Center-  
15400 Sherman Way, Van Nuys- conference room 210**  
*Black glass building on Sherman Way, west of Sepulveda Bl.*

**Lemonade and a snack will be served at our break.**



*To register, please call Kathryn Lincoln by 8/10/09  
PH 818-756-6225, Fax- 818-756-6130 Or Email-  
[kathrynl@nlacrc.org](mailto:kathrynl@nlacrc.org)*

***Register early. Space is limited- this class fills up.***