



**PROJECT #3**  
**Project Start-up FY 2009-10**

**DAY PROGRAM**

**General Information**

**Start-Up Funding up to: \$100,000**

NLACRC seeks the development of a new Day Program to meet the needs of adult consumers whose severe self care deficits, sensory impairments, mobility deficits, medical conditions, and/or behavioral challenges have hindered their ability to successfully participate in a day program. In addition, this day program will meet the needs of consumers for whom no appropriate program is currently available.

The program should be located west of the 405 freeway in the San Fernando Valley. The program may be developed as an expansion to an existing day program site or may be a new freestanding site. The program will be vendored as an Adaptive Skills Service (service code 605) or a Community Integration Training Program (service code 055).

The Day Program site must be licensed by the Department of Social Services, Community Care Licensing Division as Adult Day Care facility with a minimum capacity of 30 individuals. The site must be able to accommodate at least seven (7) participants who are non-ambulatory.

The applicant should provide evidence of a creative and proactive approach to the provision of a meaningful and comprehensive treatment program in order to address behavior challenges and communication deficits. The proposal must also include a description of the resources (curriculum, adaptive devices, educational and social/recreational activities, and consultant services) that will be utilized to address consumer's sensory impairments and adaptive skill deficits.

**ADMISSION CRITERIA**

Consumers referred to the this Day Program may include individuals who are transitioning out of a State Developmental Center (SDC), those who have been identified by NLACRC as at risk for developmental center placement, or those for whom other community based day programs have not been successful or available.

Applicants should design a program that is equipped to meet the specialized needs of consumers whose diagnoses are likely to include the following:

- Moderate to Profound levels of cognitive deficit
- Autism
- Medical conditions (e.g. epilepsy, diabetes, g-tube, etc.)
- Visual and/or auditory impairment
- Behaviors that include, but are not limited to: hyperactivity, tantrums, pica, property destruction, aggression causing injury to self or others, wandering, etc.
- Need for intensive supervision and assistance with eating, toileting, hygiene, administration of medication, and mobility.

## **MINIMUM QUALIFICATIONS FOR APPLICANTS AND STAFF**

Applicants are expected to have proven expertise and extensive experience in providing Day Services to individuals with developmental disabilities. Experience with the successful operation of a day program for consumers with severe behavioral challenges, or provision of comparable services to the population identified in this proposal, is mandatory. NLACRC is looking for a provider who demonstrates strength in the areas of clinical, administrative, and fiscal responsibility.

NLACRC requires that the proposal include a plan for a contractual arrangement with a Board Certified Behavior Analyst (BCBA) to conduct assessments, develop behavior plans, and to provide comprehensive, ongoing training and consultation. The BCBA will be responsible for the development of teaching plans that emphasize the acquisition of positive pro-social behavior and the reduction of undesirable behavior. It may be necessary for the BCBA consultant to coordinate services with the consumer's residential program in order to ensure continuity of the behavior support plan throughout the consumer's day. The selection of the BCBA will be subject to approval by the NLACRC clinical team.

The proposal should also include a plan to provide necessary consultants to provide assessments, staff training, and consultation in regards to serving consumers with specialized needs such as sensory impairments and mobility/physical coordination deficits.

Additional staffing requirements are as follows:

**Program Director/Manager:** At least two years of experience working with consumers with severe behavioral challenges. BA/BS in Psychology, Special Education, Educational Psychology, Education, or Social Work is required. The Program Director must possess current CPR and First-aid certification, current certification in Pro-ACT, Mandt, or Non-Violent Crisis Intervention. The Program Director/Manager must be in good standing with regards to currently vendored RC services and CCL. [For an Adaptive Skills Program, see the additional requirements as described in Title 17 regulations, Section 54342(a)(3)]

**Direct Care Staff:** One year of experience working with consumers who exhibit behavioral challenges; or BA/BS in Psychology, Special Education, Educational Psychology, Social Work or Education. Direct Care Staff must complete Mandt System Training, Crisis Prevention Institute (CPI) Training, or Professional Assault Crisis Training (Pro-ACT) prior to working with consumers.

Please see the Proposal Writing Guidelines for additional information.