



## BOARD LEADERSHIP TRAINING

For adults with developmental disabilities, family members and community members at no cost.

Sponsored by: North Los Angeles County Regional Center

This 4-session training presented by Kathryn Lincoln and Jose Rodriguez will prepare you to be a leader in your community!

**North Los Angeles County Regional Center--15400 Sherman Way, Van Nuys, CA 91406-** black glass building on Sherman Way, west of Sepulveda Blvd. Room 210 on the 2<sup>nd</sup> floor.

**Date: 4 Tuesdays- 7/21, 7/28, 8/4, and 8/11/09  
5:30 - 7:30 PM**



**We'll learn about:**

- How North Los Angeles County Regional Center provides services
- The Lanterman Act
- Department of Developmental Services- DDS
- The skills and qualities of a good Board or Committee member
- What it takes to be an effective Board and Committee member

**We'll have group activities and videos.**

You'll receive a Training Notebook with resources and info. 



Lemonade and a snack will be served during the break. Feel free to bring your dinner.



**To register, please call Kathryn Lincoln by 7/15/09-  
PH- 818-756-6225, email- [kathrynl@nlacrc.org](mailto:kathrynl@nlacrc.org)  
Kathryn will call you to confirm your registration.**